

Who is WIC for?

WIC is a free program for

- Pregnant women
- Breastfeeding moms until infant turns 1 year old
- New moms until infant turns 6 months old
- Infants and children up to age 5

A foster parent or any caregiver can sign a child up for WIC.

To get WIC, you must live in NY State **AND** meet the income guidelines below.

If you receive Medicaid, SNAP or TANF you automatically qualify.

Income Eligibility Guidelines 2021-2022 (Gross Income)					
Household Size	Annual	Monthly	Twice-Monthly	Bi-Weekly	Weekly
1	\$23,828	\$1,986	\$993	\$917	\$459
2	32,227	2,686	1,343	1,240	620
3	40,626	3,386	1,693	1,563	782
4	49,025	4,086	2,043	1,886	943
5	57,424	4,786	2,393	2,209	1,105
6	65,823	5,486	2,743	2,532	1,266
7	74,222	6,186	3,093	2,855	1,428
8	82,621	6,886	3,443	3,178	1,589
For each additional member, add:	+\$8,399	+\$700	+\$350	+\$324	+\$162



At Catholic Charities
WIC, we believe that
healthy families make our
community strong.

APPOINTMENT:

DATE: _____ TIME: _____

LOCATION: _____



Sign up for WIC by calling
716-218-1484
And making an appointment!

If you have an emergency, please call:

Catholic Charities: 716-856-4494

WNY 211 at 2-1-1

Hunger Hotline 1-866-3-HUNGRY (1-866-348-6479)

What WIC Does For You



Nutrition Education

Learn how to create healthy, affordable meals and receive professional advice for your nutrition concerns.



Breastfeeding Support

Get free support to breast feed your baby with help from International Board Certified Lactation Consultants and Certified Lactation Consultants, free breast pumps, and encouragement from peer counselors.



eWIC Benefit Cards

Purchase healthy foods with eWIC card that can be used at many local stores. Use your Farmers Market checks to get fresh fruits and vegetables.



Referrals

Get referrals to services that will help you and your family.



SCAN ME

WIC Offices

Call 716-218-1484 to make an appointment at one of our WIC offices. Not all of our offices are open every day. Choose any office that is best for you.

Erie County Locations

200 Cazenovia St., Buffalo NY 14210
WIC.SouthBuffalo@ccwny.org

930 Genesee St., Buffalo, NY 14211
WIC.Genesee@ccwny.org

155 Lawn Ave., Rooms 311-312, Buffalo, NY 14207
WIC.Lawn@ccwny.org

2121 Main St. Ste. 114, Buffalo, NY 14214
WIC.Sisters@ccwny.org

187 Grant St., Buffalo, NY 14213

2625 Harlem Rd., Suite 170, Cheektowaga, NY 14225
WIC.Harlem@ccwny.org

374 Main St., East Aurora, NY 14052

3370 Delaware Ave., Kenmore NY 14217
WIC.Kenmore@ccwny.org

75 Caldwell Place, Lackawanna, NY 14218

86 Franklin St., Springville, NY 14141

Chautauqua County Locations

326 Central Ave., Dunkirk, NY 14048
WIC.Dunkirk@ccwny.org

42 Dunham Ave., Jamestown, NY 14701
WIC.Jamestown@ccwny.org

113 Church St., Sherman, NY 14781

35 Park Place, Silver Creek, NY 14136

58 S. Portage St., Westfield, NY 14787

Niagara County Locations

5226 Walmore Rd., Lewiston, NY 14092 (site open 4x per year)

Suite 450, Main at Market St., Lockport, NY 14094
WIC.Lockport@ccwny.org

139 Division St., North Tonawanda, NY 14120

625 Tronolone Place, Niagara Falls, NY 14301
WIC.NiagaraFalls@ccwny.org

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To file a program complaint of discrimination, complete the [USDA Program Discrimination Complaint Form](#), (AD-3027) found online at: <https://www.usda.gov/oascr/how-to-file-a-program-discrimination-complaint>, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

1. mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: program.intake@usda.gov

This institution is an equal opportunity provider.

For other complaints or to request a Fair Hearing contact:

- (1) mail: WIC Program Director
NYSDOH, Riverview Center
150 Broadway, 6th Floor
Albany, NY 12204;

phone: (518) 402-7093; fax (518) 402-7348; or

email: NYSWIC@HEALTH.NY.GOV



Rev. 6/21

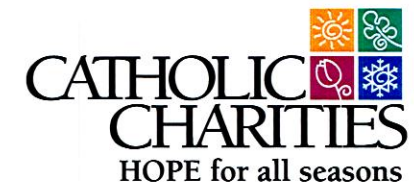
FAMILY AND COMMUNITY SERVICES

WIC PROGRAM

ERIE, CHAUTAUQUA AND NIAGARA COUNTIES



A nutrition program for women, infants and children



716-218-1484

www.ccwny.org/wic